## EASY RECIPE FOR FAMILY FUN.

# **Easy Mango Salsa**

Serving size: ¼ cup Cost per serving: \$0.55 Makes about 4 servings Prep time: 10 minutes

### **Ingredients:**

1 mango, peeled and chopped ¼ cup chopped green bell pepper 1 green onion, chopped Juice of one lime (1-2 tablespoons)

#### **Directions:**

- 1. Peel and chop the mango (be sure to remove the seed).
- 2. Cut the pepper and onion into small pieces.
- 3. Mix all the ingredients together.



Use this salsa as a topping for cooked chicken or as a dip for peppers or baked chips.

Add minced jalapenos or hot sauce if you like it spicy!

#### **Nutrition Information**

Calories: 30 Fat: 0 grams

Cholesterol: 0 milligrams Sodium: 0 milligrams Sugar: 5 grams



